

Pendulum Gallery : Kickstart Disability Arts and Culture : Heroes
Project Announcement and Overview



Neville Grey, *Beware of your Heroes*



Cleo Pawson, *My Beaded Painting*

What: **Heroes** : Multi-media art exhibition

Who: Kickstart Disability Arts and Culture
Curated by Sima Elizabeth Shefrin and Bernadine Fox

Artists: Dennis Anderson, Saskatoon, SK; Catherine Barrette Gatineau, PQ
Persimmon Blackbridge, Hornby Island, BC; Daphne Enns, Winnipeg, MB
Dominic Fetherston, Victoria, BC; Afuwa Granger, Vancouver, BC
Neville Grey, North Vancouver, BC; Lynda Hickinbottom-Lord, Gabriola Island, BC
Emma Kivisild, Vancouver, BC; Cat L'Hirondelle, Vancouver, BC
David Low, Victoria, BC; sylvia macCormac/Nicole Dextras, Vancouver, BC
Cleo Pawson, Vancouver, BC; Rose Poon, Vancouver, BC; Kathleen Robertson, Saskatoon, SK
Steve Stanczyk, Dewdney, BC; Spirit Synott, Toronto, ON; Patrycja Walton, Montreal, PQ
Rose Williams, Vancouver, BC

When: March 8 – March 27, 2010
(during the 2010 Paralympic Winter Games in Vancouver)
Opening Reception: Thursday, March 11, 7-9 pm

Where: Pendulum Gallery
HSBC Building Atrium
885 West Georgia St.
Vancouver, BC, Canada
www.pendulumgallery.bc.ca

The Pendulum Gallery is pleased to present **Heroes**, a multimedia, visual art exhibit organized by Kickstart Disability Arts & Culture. Curators' Sima Elizabeth Shefrin and Bernadine Fox, with support from Kickstart Artistic Director Geoff McMurchy, and external jury members Marilyn Cherenko and Gu Xiong, have selected nineteen artists to participate in this groundbreaking showcase of work that strives to upend stereotypes and make viewers reexamine the nature of the Hero in sports and everyday life.

The Greek word "hero" originally referred to a demigod, the offspring of a mortal and a deity. Straddling both worlds, part of and apart from each, the demigod sees each world from a privileged yet marginal perspective. Through the centuries the hero has come to refer to the protagonist who rises above mere mortals through acts of selflessness, courage or physical prowess.

Exploring the duality inherent in the historical terms, and teasing out a disability perspective from the very human need for inspiration in a troubled world, this exhibition will invite visual meditation or commentary within the context of the Olympic and Paralympic Games.

About the Curators:

Sima Elizabeth Shefrin played as a toddler in the galleries of Italy, and has been creating art ever since. As well as occasional curating gigs, she has been working professionally as a visual artist for 30 years, and has shown throughout North America. Her curatorial roles have included Provincial Coordinator of "Images & Objects", the Visual Arts Component of the BC Festival of the Arts (1996), Installation Coordinator of "From the Inside/OUT!" presented by the BC Self Advocacy Foundation, (a project of the Artists and Communities Pilot Program 1998), artist/coordinator of the "Middle East Peace Quilt" an international community arts project which toured from 1999-2008, guest curator for Galley Gachet (2003), Exhibit Designer for the Surrey Arts Centre Exhibit of "From the Inside/Out!" presented by the BC Association for Community Living and the BC Self Advocacy Foundation (2008). In Vancouver she has been artist-in-residence at South Vancouver Neighbourhood House (1999), Kerrisdale Community Centre (2002), the Jewish Community Centre (2004), and Fraserview Library (2006) and Kitsilano War Memorial Community Centre (2009). Elizabeth has recently turned to book illustration and has two books to her credit: *Abby's Birds*, written by Ellen Schwartz, published by Tradewind, and *Latkes*, written by Bob Bossin, published by Nick Books.

Bernadine Fox obtained a BFA from the Emily Carr Institute of Art & Design in Vancouver, BC where she studied both drawing and animation (classical and computer). She also trained at the Alberta College of Art and Design and Kwantlen College in BC. Fox has volunteered her expertise on the Boards of various art organizations including Women in Film, CARFAC, BC and the Society for Disability Arts & Culture (host for the international kickstART Festival in Vancouver, BC [2001]). She is a member of CARFAC, BC and a signatory to the Canadian Artists Representation Copyright Collective. For over a decade, Fox was an internationally recognize consultant/educator/support worker who worked with women who had experienced severe childhood trauma. It was this work that inspired her to follow a passion for art and writing wherein she endeavours to produce authentic images and stories of and for women. Fox believes art is an integral part of our nonverbal language that speaks directly to the human spirit. Bernadine Fox's work is exhibited in a variety of venues from group exhibitions to commercial galleries. She lives in East Vancouver where she raises her granddaughter and works out of Williams Clark Studios.

For more information, contact either of the exhibit Co-curators at visualarts@kickstart-arts.ca or Kickstart Artistic Director, Geoff McMurchy, at ad@kickstart-arts.ca or ph. 250.415.1864.

Website: www.kickstart-arts.ca

